

# Packing list

## Travel documents

- Passport
- Visa(s)
- Passport approved photos
- International driver's license
- Travel insurance
- Copy of your passport

## Financial matters

- Debit card
- Credit card
- Foreign currency
- Copy of your debit- and credit cards
- Copy of the total amount of your bank account(s)

## Clothes

### Bottom

- Two cotton comfortable pants
- One legging
- One long fancy skirt
- Jeans

### Top

- Two or three singlets
- Three shirts
- Two long sleeves shirts
- One cardigan
- Two dresses

### Sports

- One legging
- One sports bra
- One athletic singlet
- One athletic shirt
- One bikini or bathing suit



## Underwear

- One bralette
- One regular bra
- Seven pairs of underwear
- Five pairs of socks
- Two pair of hiking socks

## Personal care

- Shampoo
- Soap
- Sunscreen
- Mosquito repellent with DEET
- Microfiber travel towel
- Earplugs
- Toothbrush toothpaste
- Deodorant
- Razors/ shaving kit
- Sunglasses
- Nail clippers
- Make-up
- Hair ties
- Hand sanitizer
- Cotton swabs

## Health/ medicine

- Your personal medication
- Band-Aids
- Ibuprofen or similar
- Imodium to treat sudden diarrhea
- Dettol Sterilon

## Shoes

- Hiking shoes
- Sneakers
- Flipflops
- Sandals



